The goal of the University of Northern Iowa Alumni Association Board and the Connecting Alumni To Students (CATS) mentoring program is to:

- Build relationships between alumni board members and CATS
- Provide an opportunity to share networking and career development information for the students
- To provide feedback on the current student experience at UNI for the alums
- Assist CATS members in developing self-confidence in their career search or possible relocations
- Enhance personal and professional growth for the student
- Provide information for the alumni on issues that maybe facing the students on campus
- For CATS to build long lasting relationships and support from alumni and networking opportunities

The UNI Alumni Association Mentoring program will be overseen by the President of the AA Board, President of CATS, Director of the UNIAA and the Advisor to CATS.

What is a Mentor?
A mentor is an advocate, coach, teacher, guide, role model, friend, door-opener, available resource, and career enthusiast.

What is a Mentee?
The person who is counseled, guided, advised and supported by a mentor.

Board Members Checklist:
Make sure your CAT knows how to reach you (email, facebook, cell phone, LinkedIn etc.)
Request contact information from the CATS.
Introduce yourself at the board luncheon, or by phone, email etc.
Contact your CAT at least twice a month to check in on how their UNI experience is going
Each semester CATS graduate so you may have turnover in your CATS mentees.
Provide information on life after college

CATS Members Checklist:
Make sure your board member knows how to reach you (email, facebook, cell etc.)
Request contact information from your board member.
Get to know your alumni board member and update them about life on campus
See how the board member can assist you in the career search and networking.
Meet with board member when they are on campus
Alumni Association will provide opportunities for CATS to travel to away events to meet with their mentors on a periodical basis.